

**Crossfields**  
 Bus: 31,13,113, 82, C11, 187  
 Overground: South Hampstead  
 Tube: Swiss Cottage, Finchley Road

**Holy Cross**  
 Bus: 10,17,30,45,46,63,73,91,205,214,253,274,C2  
 Overground & Tube: Kings Cross St Pancras

**Barnes House**  
 Bus: 31, 24, 27, 29, 46, 88, 134, 168, 214, 253, 274, C2

**Do you need support to communicate in English?**  
 We speak several languages other than English. However, please check in advance to see if you will need an interpreter to access the service.

**Mind in Camden**  
 Barnes House, 9-15 Camden Road, London NW1 9LQ  
 t: 020 7911 0822 f: 020 7485 0842  
 e@ admin@mindincamden.org.uk  
 w: www.mindincamden.org.uk

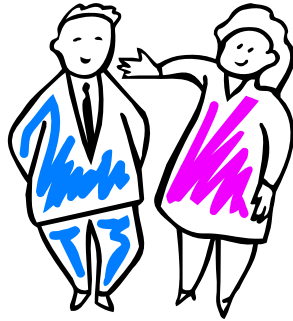
Registered company number: 1911178 Charity number: 292180



# Information for Friends of Mind in Camden Day Services



# Welcome...



.....to Mind in Camden! We have provided a range of services mainly for the Camden Community since 1985. Recently we have been expanding our Day Service to provide more free services that support well being to a wider range of local people. You may not fit the criteria, or wish to become a member of Mind in Camden, but feel you would benefit from some of the things we have to offer.

As a friend you will be able to access a range of different groups and services. You can choose to receive updates about new groups, events or programmes you can attend. Contact Danny Saunders for a list showing everything that is currently available to you and that tells you who you need to get in touch with before you start attending. Please always contact the appropriate person before coming to attend something new as you may need to book a place or meet with the facilitator before you begin.

Some of our services are for members only, so are not open to friends. This includes the general drop-in service and lunch which is provided at the centres. Therefore, if you are attending something that is taking place in one of the centres you will need to leave promptly after it has finished.

As a friend you will also need to follow the ground rules of the service when attending:

- Not to use or to be intoxicated with drugs or alcohol.
- Use respectful language and behaviour to all.
- Not to engage in illegal activity.
- Not to use mobile phones in groups or in the main areas of the centres.

If you have any questions or require information about being a friend please speak to a member of the Day Service staff or contact

DANNY SAUNDERS  
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020 7241 8975  
[dsaunders@mindincamden.org.uk](mailto:dsaunders@mindincamden.org.uk)

