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Role description: Befriending Volunteer

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**Role Purpose:**

To socialise with someone recovering from mental health issues who would like a person to share time with and explore shared interests.

This involves meeting regularly, usually weekly, in an agreed community venue to chat and participate in shared interests.

During volunteering, you will be expected to:

* Work in accordance with Mind in Camden’s policies and procedures.
* Keep accurate records.
* Report to your supervisor.

**Skills and experience required:**

Volunteers should have:

* A non-judgmental approach to people.
* Very good communication skills.

**Commitment:**

Mind in Camden requires that Befriending Volunteers offer:

* At least 2 hours per week of volunteering.
* Minimum 6 months of service.

*Please note – volunteer travel expenses are reimbursed and up-to £5 can be allocated towards befriending expenses for each meeting.*

**July 2015**