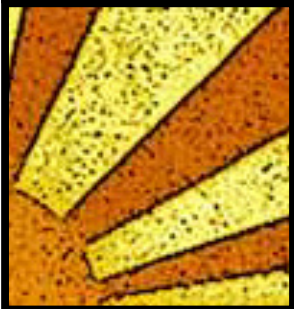


# COOL TO BELIEVE

## PEER SUPPORT GROUP

*for those living with and recovering from  
PARANOIA AND DISTRESSING BELIEFS*



- share your experiences without fear of judgment
- experiences accepted as having personal meaning
- provides a safe, validating space

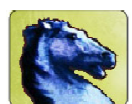
**I USED TO THINK I WAS ALONE WITH MY BELIEFS  
BUT IN THE GROUP I MET OTHERS WITH SIMILAR EXPERIENCES**

**MEETS EVERY WEDNESDAY  
5.00 - 6.30PM**

**TOGETHER  
EXPLORING  
PARANOIA**

First meeting—12th March 2014  
BowHaven, Bow Community Hall, 1 William Place,  
Roman Road, London, E3 5ED  
For info contact [cooltobelieve@gmail.com](mailto:cooltobelieve@gmail.com) / Pete - 07718 589 432 / Panos -  
07447 429 450

MIND IN CAMDEN PARANOIA GROUPS PROJECT FUNDERS & PARTNERS



National Paranoia Network