



Mind in Camden
 Barnes House
 9-15 Camden Rd
 London NW1 9LQ
 020 911 0822
 LHVN@mindincamden.org.uk

COLOUR KEY
YELLOW – open to people from all boroughs
GREY – closed groups
PINK – other referral criteria

List of Hearing Voices Groups in London

Arranged by borough. Last updated June 2014.

GROUP FOR YOUNG PEOPLE aged 16 – 25

<p>Mind in Camden PHOENIX Service Voice Collective Group for Young People aged 16-25 Barnes House, 9-15 Camden Road London, NW1 9LQ Tel: 020 7241 8973 referrals@mindincamden.org.uk</p>	<p>Wednesdays 5pm – 6.30pm Free. For all voice hearers aged 16-25, whatever their borough of residence, and whether they use mental health services or not. Can self-refer, by turning up at least 15 minutes early for a chat, and to fill in a form.</p>
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GROUP FOR ADULTS aged 18 +

<h3>Barking & Dagenham</h3>	
<p>Barking & Dagenham Hearing Voices Group Barking Community Hospital Upney Lane Barking IG11 9LX Tel: 0300 555 1021 dee.sleet@nelft.nhs.uk</p>	<p>Wednesdays from 3.30pm to 5pm Referrals, including self- referrals, from Barking and Dagenham only Checked correct 20/5/13</p>

Barnet

Eclipse Hearing Voices Group
 55, Christchurch Avenue,
 North Finchley,
 London N12 0DG
 To join the group, contact the Eclipse
 Information Line on 0208 359 4999 or email
info@eclipsebarnet.org.uk

The group runs on Thursdays 11.00am to 12.30pm.
 People can self-refer but must live in the **Borough of Barnet**.

Checked correct 10/02/14

Unusual Experiences Group
 Dennis Scott Unit (Thames & Trent Wards)
 Edgware Community Hospital
 Burnt Oak Broadway
 Edgware, Middlesex HA8 0AD
 Contact: Andrew Schofield 07969 329 349

For inpatients of the unit only.
 Runs Thursdays

Checked correct 19/7/13

Hearing Voices Group
 Martin B. Cohen Center for Wellbeing
 Gould Way
 Deansbrook Road
 Edgware HA8 9BG
 contact: Dani Hopwood 0208 458 2223
dhopwood@jamiuk.org

This group is specifically for Jewish clients, from any borough. It is an open group.
 runs on Mondays 11.30 - 12.30
 Sessions run for 8 weeks then 2 weeks off, then another 8 weeks, 2 wks off....etc

Checked correct 12/7/13

JAMI Hearing Voices Group
 JAMI Jewish Association for the Mentally Ill
 131 Golders Green Road
 London NW11 8HJ
 contact: Dani Hopwood 0208 458 2223
dhopwood@jamiuk.org

This group is specifically for Jewish clients, from any borough
 Sessions run for 8 weeks then 2 weeks off, then another 8 weeks, 2 wks off....etc
 It is a **closed group** for the duration of each 8-week run, then new members are
 allocated during the 2-week break.
 Meets every Tuesday 3pm-4pm

Checked correct 12/7/13

Bexley

Bexley Hearing Voices Group
 The Crayford Centre, 4-6 London Road
 Crayford, Kent DA1 4BH
 Contact: Hannah Green 0208 301 9400

Mondays 2.30-3.30pm
 Service users of **OXLEAS MH Trust** only

Checked correct 19/2/13

Bromley

Bromley Hearing Voices Group
Bromley United Reform Church
20 Widmore Rd
Bromley, Kent BR1 1RY
contact: Stewart Tight 01689 811 222

Wednesdays, 10.30 – 12 noon
referrals and self-referrals accepted from **Bromley, Greenwich and Bexley**

Checked correct 19/2/13

GPH Hearing Voices Group

Green Parks House
Princess Royal University Hospital
Farnborough Common
Orpington, Kent BR6 8NY
contact: Stewart Tight 01689 811 222

runs weekly when needed
closed group for inpatients of Green Parks House

Checked correct 13/9/13

Camden

Mind in Camden Mixed Hearing Voices Group

Barnes House, 9-15 Camden Road
London, NW1 9LQ
Tel: 020 7241 8973
referrals@mindincamden.org.uk

Tuesdays, 12 – 1pm
Free to all Camden residents who hear voices. **There's a charge if you don't live in Camden**
Can self-refer by turning up at least 15 minutes early for a chat and to fill in a form.

Mind in Camden Women's Hearing Voices Group

Barnes House, 9-15 Camden Road
London, NW1 9LQ
Tel: 020 7241 8973
referrals@mindincamden.org.uk

Fridays 2-3pm
Free to all women who hear voices and live in Camden. **There's a charge if you don't live in Camden**
Can self-refer by turning up at least 15 minutes early for a chat and to fill in a form.

Croydon

Voices Forum of Croydon (part of Rethink)

Croydon Old Town Hall
Katharine St, Croydon CR9 1ET
Contact: John 0208 464 7052
voicesforumofcroydon@googlemail.com

2nd Wednesday of the month. 7-9pm
OK to just turn up, but best to check first in case an activity is planned.
Open to people from **all boroughs.**

Checked correct 16/6/14

Ealing

C.A.P.E. Hearing Voices Group

239a/b High Street, Acton
London, W3 9BY
contact: Stuart Derbyshire 020 8896 2552
stuart@capeproject.org.uk

Group members need to **live in Ealing**, and also **become a member of CAPE** which requires a referral from the Mental health Resource Centre.
You can download the membership form from this webpage:
www.c-a-p-e.co.uk/groups.html

Checked correct 29/1/13

West Ealing Hearing Voices Group

SOLACE, 58 Bowmans Close
West Ealing,
London W13 9YT
contact: Michael 07814 677 231
or Thembi: 07977 586050
thembelani.nyathi@wlmht.nhs.uk

Mondays 12.30pm – 2pm
This group is for anyone who lives in **Ealing** and hears voices

Checked correct 03/10/13

Enfield

Mind in Enfield Hearing Voices Group

Mind in Enfield
275 Fore Street, Edmonton
London N9 OPD
Contact: Sufia Rahman on 020 8887 1480

Every Monday, 3pm – 4pm at Mind in Enfield
We accept both referrals and self-referrals. Group members can live either in **Enfield or Haringey**

Checked correct 4/3/13

Greenwich

Greenwich Mind Hearing Voices Group

Greenwich Mind
54 Ormiston Rd
London SE10 0LN
Contact: Jo Somerset 020 8853 2395

Every Wednesday 10.00am to 11.30am
Primarily for **Greenwich** residents, but exceptions can be made where needed.
Please don't just turn up but make contact with Jo first.

Checked correct 13/2/14

Hackney

City & Hackney Mind Group

IRIE Mind, 15a Homerton Row
Hackney, E9 6SR
Contact: Shane or Nichola 020 8985 0221
iriemind.services@cityandhackneymind.org.uk

Thursdays 3.00 - 4.30pm
We accept both referrals and self-referrals. Group members must live or work in **Hackney or in the City of London**

Checked correct 26/7/13

<p>Women-only Hearing Voices Group City and Hackney Mind 8-10 Tudor Road Hackney, E9 7SN Contact: Marilyn Douglas-Hamilton or Nichola Lauder 020 8985 0221 Iriemind.services@cityandhackneymind.org.uk</p>	<p>Wednesdays 3.30pm – 5pm</p> <p>We accept both referrals and self-referrals. Group members must live or work in Hackney or the City of London.</p> <p><i>Checked correct 13/5/14</i></p>
<p>Lee House Hearing Voices Group 6-6a Rectory Road London, N16 7QS Contact: Kim Sheldon 020 7275 9100 kim.sheldon@hackney.gov.uk</p>	<p>Fridays 11.30am-12.30pm</p> <p>Referral needed from CMHT or similar mental health service in Hackney</p> <p><i>Checked correct 19/7/13</i></p>
<h3>Hammersmith & Fulham</h3>	
<p>Ellerslie Road Hearing Voices Group 50 Ellerslie Road Shepherds Bush, W12 7BW Contact: Joseph Mursell 0208 753 2894 joseph.mursell@lbhf.gov.uk</p>	<p>Mondays 2pm – 3pm</p> <p>Open to anyone who hears voices, regardless of borough</p> <p><i>Checked correct 03/10/13</i></p>
<p>South Recovery Team Hearing Voices Group The Star Room, St Andrew’s Church Greyhound Road London W14 9SA Contact: Gabby or Paul 020 7386 1275 paul.murdoch@wlmht.nhs.uk Gabby.Corry@lbhf.gov.uk</p>	<p>Wednesday 11am - 12noon</p> <p>Only available to services users of the West London Mental Health Trust/LBHF South Recovery Team at present. This may change, so please get in touch with Gabby.</p> <p><i>Checked correct 21/8/13</i></p>
<h3>Haringey</h3>	
<p>Clarendon Cafe Hearing Voices Group Clarendon Recovery College Clarendon Road, Hornsey London N8 0DJ Contact: Theresa or Lesliann 020 8489 4860 Lesliann.jat@haringey.gov.uk</p>	<p>Wednesday 2.00-3.00pm</p> <p>Group open to the public from all boroughs. No referral required.</p> <p><i>Checked correct 03/10/13</i></p>

Harrow

Hearing Voices Support Group

The Bridge Centre
Christchurch Avenue
Wealdstone
Harrow HA3 5BD
Contact: Diana Moss 020 8424 7739

The group runs on Thursday mornings 11.30 - 12.30, in 10 week blocks.
This group is only for people who live in **Harrow** and are linked to Health Authority funding.
Please call Diana Moss for further details.

checked correct 26/7/13

Hounslow

Hounslow Hearing Voices Group

Alf Chandler Centre
Benson Close
Hounslow, TW3 3QX
Contact: Monisha Juttla 07896 301838

The group runs monthly, the last Thursday of every month 2pm - 3:30pm from 27th March 2014.
A referral will have to be completed, but people can fill one in when they arrive at the group for the first time.

checked correct 3/2/14

Islington

Islington Mind Hearing Voices Group

The Hub
48 Despard Rd
N19 5NW
Contact: Pat O'Driscoll 020 7263 3397

Fridays 2.15-3.30pm
Open to **Islington** residents, but will consider out of borough (depending on numbers). New members please arrive at least 15 minutes early for a chat, or call the number(s) opposite to speak with Pat.

Checked correct 26/7/13

Lewisham

Deptford Hearing Voices Group

Deptford Reach
Speedwell Street
London SE8 4AT
Contact: John Robinson 07966 391 211

Tuesdays afternoons
Open to voice hearers from other boroughs outside Lewisham.

checked correct 19/7/13

Sovereign House Hearing Voices Group

84/86 Bromley Road
Catford
London SE6 2UR
Contact: Andrew Schofield 07969 329 349

For residents of Sovereign House only.

Checked correct 19/7/13

Newham

<p>Newham Hearing Voices Groups <u>Two weekly Hearing Voices Groups.</u></p> <p>For details, please contact Charlotte by phone. Contact: Charlotte Snape 020 8475 2400</p>	<p>The groups are currently only for Newham residents. Self-referral / referral through wards, GP or Community Mental Health Teams. It is hoped to move towards a voice-hearer led group with greater open access. ** Please** do get in touch if you are a voice-hearer and want to help with this!</p> <p>The group asks that people speak with Charlotte before turning up.</p>
<p>Voicing Out (Newham Inpatients Hearing Voices Group) Newham Centre for Mental Health Cherry Tree Way, Glen Road London, E13 8SP Contact: Nomir Ahmed or Barney Williams Tel: 020 7540 6782</p>	<p><i>For people admitted to Newham Centre for Mental Health</i></p> <p style="color: red; font-size: small;">Checked correct 12/10/12</p>
<p>Mind in Tower Hamlets & Newham Open House 13 Whitethorn Street London E3 4DA Contact: Colsum 020 7510 1081 colsum.akanjee@mithn.org.uk</p>	<p>Tuesdays at 12.15</p> <p>Can self-refer but must be resident in the borough of Tower Hamlets or Newham. Contact Colsum for a referral form.</p>

Redbridge

<p>Redbridge Hearing Voices Group Imagine Mental Health 497-499 Ley Street Ilford, Essex IG2 7QX Contact: Panu or Sharad 0208 554 3654</p>	<p>Tuesday afternoons Referral criteria uncertain, pending clarification. Please ring 0208 554 3654 and ask to speak with Panu.</p> <p style="color: red; font-size: small;">Checked correct 19/7/13</p>
<p>Richmond Fellowship Hearing Voices Group 19 Mansfield Road Ilford, Essex IG1 3BA Contact: Michael Roberts 0208 514 5586</p>	<p>Runs on Thursdays 14.30 – 16.00 The group will accept people from all boroughs. People can self refer. They will be invited to meet with the facilitators to exchange information about the group and themselves.</p> <p style="color: red; font-size: small;">Checked correct 31/01/14</p>

Richmond

Richmond Hearing Voices Group

Richmond Royal
Kew Foot Road
Richmond, TW9 2TE
Contact: Wendy 0208-898-6727
wmicklewright@yahoo.co.uk or Georgina 0203
513 3223 georgina.guest@swlstg-tr.nhs.uk

Thursdays 11.30am - 1pm

People self refer and they can come from outside the borough of Richmond

checked correct 8/8/13

Southwark

Southwark Hearing Voices Group

Lambeth & Southwark Mind
Cambridge House
1 Addington Square, Camberwell
London, SE5 0HF
contact: Annis 0203 228 1800

Tuesdays 1-3pm

The group operates as a drop-in, so there is no need to make contact first.

checked correct 25/7/13

Sutton

Cheam Hearing Voices Group

Cheam Resource Centre
671 London Road
North Cheam, Sutton, SM3 9DL
Contact: Angelina Campisi
Tel: 020 8770 0172 or 07526 782 041

(alternate) Wednesdays

Self referral, but call for a chat first

Accepts people living in **Richmond, Kingston, Wandsworth, Merton & Sutton**

Run by Sutton Mental Health Foundation

Checked correct 19/7/13

Sutton Hearing Voices Group

Sutton Salvation Army Church
Benhill Avenue
Sutton SM1 4DD
Contact: Angelina Campisi
Tel: 020 8770 0172 or 07526 782 041

(alternate) Tuesdays

Self referral, but call for a chat first

Accepts people living in **Richmond, Kingston, Wandsworth, Merton & Sutton**

Run by Sutton Mental Health Foundation

Checked correct 19/7/13

<p>Springfield Hospital Inpatient Group Ward 3 Springfield University Hospital 61 Glenburnie Road London SW17 7DJ Contact: Angelina Campisi Tel: 020 8770 0172 or 07526 782 041</p>	<p>Open to all Springfield patients (including those in other wards) and recently discharged patients.</p> <p>Self referral – speak to a facilitator first</p> <p>Checked correct 19/7/13</p>
<h2>Tower Hamlets</h2>	
<p>Beside Hearing Voices Group 51 3 Colt's Lane London, E2 6FW Contact: Abigail 0207 033 6888 info@beside.org.uk</p>	<p>Thursdays, 3-5pm Need to live in Tower Hamlets, and become a member of Beside, to join the group.</p> <p>Checked correct 25/7/13</p>
<p>Voices Within Bow Haven Community Hall William Place Centre Roman Rd London E3 5ED Contact: Kareem 0207 364 5531</p>	<p>Wednesday 11am – 1pm Referrals need to live in Tower Hamlets and be referred by a mental health professional</p> <p>checked correct 25/7/13</p>
<p>Mind in Tower Hamlets & Newham Open House 13 Whitethorn Street London E3 4DA Contact: Colsum 020 7510 1081 colsum.akanjee@mithn.org.uk</p>	<p>Tuesdays at 12.15 Can self-refer but must be resident in the borough of Tower Hamlets or Newham. Contact Colsum for a referral form.</p> <p>Checked correct 24/7/12</p>
<p>Visions & Voices Experience Look Ahead Recovery Centre 53A Barnsley St London E1 5RB Contact : Jo 07715 002 841 jowalker@lookahead.org.uk</p>	<p>Wednesday 12.00 – 2.00pm (starting 9th July 2014) The group will accept people from all boroughs.</p> <p>Checked correct 23/06/14</p>

Waltham Forest

Waltham Forest Hearing Voices Group
Harmony Hall (off Walthamstow market)
10 Truro Road, Walthamstow
London E17 7BY
Contact: Hannah 07554 545 107
hschwartzman@talktalk.net

Fridays 10.30am - 12.30pm
For voice-hearers and their carers, in **Waltham Forest** only
www.walthamforesthearingvoices.com

Checked correct 19/7/13

Wandsworth

SW London Recovery College (Building 28)
Springfield Hospital
61 Glenburnie Road
Tooting, SW17 7DJ
Contact: Cathy Madden 07917 822 031

Monday 6pm -7pm
Referrals (and self-referrals) **accepted from Wandsworth and beyond**

Checked correct 03/10/13

Westminster

Westminster Mind
Radstock House
5 Eccleston St
London SW1W 9LZ
Contact: Deek Good & Kareem Reynolds
Call: 020 7259 8100

Mondays 1pm-3pm
out-of-borough referrals (including self-referrals) accepted

Checked correct 03/10/13