



Mind in Camden
Barnes House
9-15 Camden Rd
London NW1 9LQ
020 911 0822
LHVN@mindincamden.org.uk

COLOUR KEY

YELLOW – open to people from all boroughs

GREY – closed groups

PINK – other referral criteria

List of Hearing Voices Groups in London

Arranged by borough. Last updated December 2015.

GROUPS FOR YOUNG PEOPLE

For details of Hearing Voices Groups in London **for young people aged 12-18**, please go to:

www.voicecollective.co.uk/groups/groups_details.html

GROUP FOR YOUNG PEOPLE aged 16 – 25

<p>Mind in Camden PHOENIX Service Voice Collective Group for Young People aged 16-25 Barnes House, 9-15 Camden Road London, NW1 9LQ Tel: 020 7241 8973 referrals@mindincamden.org.uk</p>	<p>Wednesdays 5pm – 6.30pm Free. For all voice hearers aged 16-25, whatever their borough of residence, and whether they use mental health services or not. Can self-refer, by turning up at least 15 minutes early for a chat, and to fill in a form. Checked correct 27/10/14</p>
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GROUP FOR ADULTS aged 18 +

Barking & Dagenham	
<p>Barking & Dagenham Hearing Voices Group Barking Community Hospital Upney Lane Barking IG11 9LX Tel: 0300 555 1021 Susan.LaybournMorris@nelft.nhs.uk</p>	<p>Wednesdays from 3.30pm to 5pm Referrals, including self- referrals, from Barking and Dagenham only</p> <p style="color: red; font-size: small;">Checked correct 20/10/2014</p>
Barnet	
<p>Eclipse Hearing Voices Group 55, Christchurch Avenue, North Finchley, London N12 0DG <u>To join the group</u>, contact the Eclipse Information Line on 0208 359 4999 or email info@eclipsebarnet.org.uk</p>	<p>The group runs on Thursdays 11.00am to 12.30pm.</p> <p>People can self-refer but must live in the Borough of Barnet.</p> <p>To call Monday</p>
<p>Unusual Experiences Group Dennis Scott Unit (Thames & Trent Wards) Edgware Community Hospital Burnt Oak Broadway Edgware, Middlesex HA8 0AD Contact: Andrew Schofield 07969 329 349 Email- andrewschofield53@yahoo.co.uk</p>	<p><i>For inpatients of the unit only.</i> Runs Thursdays</p> <p style="color: red; font-size: small;">Checkd correct: 20/10/14</p>
<p>Hearing Voices Group Martin B. Cohen Center for Wellbeing Gould Way Deansbrook Road Edgware HA8 9BG contact: Dani Hopwood 0208 458 2223 dhopwood@jamiuk.org</p>	<p><i>This group is specifically for Jewish clients, from any borough.</i> It is an open group. runs on Mondays 11.30 - 12.30 Sessions run for 8 weeks then 2 weeks off, then another 8 weeks, 2 wks off....etc</p>

<p>JAMI Hearing Voices Group JAMI Jewish Association for the Mentally Ill 131 Golders Green Road London NW11 8HJ contact: Dani Hopwood 0208 458 2223 dhopwood@jamiuk.org</p>	<p>This group is specifically for Jewish clients, from any borough Sessions run for 8 weeks then 2 weeks off, then another 8 weeks, 2 wks off....etc It is a closed group for the duration of each 8-week run, then new members are allocated during the 2-week break. Meets every Tuesday 3pm-4pm Checked correct 12/7/13</p>
<h2>Bexley</h2>	
<p>Bexley Hearing Voices Group The Crayford Centre, 4-6 London Road Crayford, Kent DA1 4BH Contact: Hannah Green 0208 301 9400</p>	<p>Mondays 2.30-3.30pm Service users of OXLEAS MH Trust only Checked correct 19/2/13</p>
<h2>Bromley</h2>	
<p>Bromley Hearing Voices Group Bromley United Reform Church 20 Widmore Rd Bromley, Kent BR1 1RY contact: Stewart Tight 01689 811 222</p>	<p>Wednesdays, 10.30 – 12 noon referrals and self-referrals accepted from Bromley, Greenwich and Bexley Checked correct 19/2/13</p>
<p>GPH Hearing Voices Group Green Parks House Princess Royal University Hospital Farnborough Common Orpington, Kent BR6 8NY contact: Stewart Tight 01689 811 222</p>	<p>runs weekly when needed closed group for inpatients of Green Parks House Checked correct 13/9/13</p>
<h2>Camden</h2>	
<p>Mind in Camden Mixed Hearing Voices Group Barnes House, 9-15 Camden Road London, NW1 9LQ Tel: 020 7241 8998 referrals@mindincamden.org.uk</p>	<p>Tuesdays, 12 – 1pm Free to all Camden residents who hear voices. There's a charge if you don't live in Camden Can self-refer by turning up at least 15 minutes early for a chat and to fill in a form.</p>

<p>Mind in Camden Women's Hearing Voices Group Barnes House, 9-15 Camden Road London, NW1 9LQ Tel: 020 7241 8998 referrals@mindincamden.org.uk</p>	<p>Fridays 2-3pm Free to all women who hear voices and live in Camden. There's a charge if you don't live in Camden Can self-refer by turning up at least 15 minutes early for a chat and to fill in a form.</p>
<h3>Croydon</h3>	
<p>Voices Forum of Croydon (part of Rethink) Croydon Old Town Hall Katharine St, Croydon CR9 1ET Contact: John 0208 464 7052 voicesforumofcroydon@googlemail.com</p>	<p>2nd Wednesday of the month. 7-9pm OK to just turn up, but best to check first in case an activity is planned. Open to people from all boroughs. Checked correct 16/6/14</p>
<h3>Ealing</h3>	
<p>C.A.P.E. Hearing Voices Group 239a/b High Street, Acton London, W3 9BY contact: Stuart Derbyshire 020 8896 2552 stuart@capeproject.org.uk</p>	<p>Group members need to live in Ealing, and also become a member of CAPE which requires a referral from the Mental health Resource Centre. You can download the membership form from this webpage: www.c-a-p-e.co.uk/groups.html Checked correct 29/1/13</p>
<p>West Ealing Hearing Voices Group SOLACE, 58 Bowmans Close West Ealing, London W13 9YT contact: Michael 07814 677 231 or Thembi: 07977 586050 thembelani.nyathi@wlmht.nhs.uk</p>	<p>Mondays 12.30pm – 2pm This group is for anyone who lives in Ealing and hears voices Checked correct 03/10/13</p>
<h3>Enfield</h3>	
<p>Mind in Enfield Hearing Voices Group Mind in Enfield 275 Fore Street, Edmonton London N9 OPD Contact: Sufia Rahman on 020 8887 1480</p>	<p>Every Monday, 3pm – 4pm at Mind in Enfield We accept both referrals and self-referrals. Group members can live either in Enfield or Haringey Checked correct 4/3/13</p>
<h3>Greenwich</h3>	

<p>Greenwich Mind Hearing Voices Group Greenwich Mind 54 Ormiston Rd London SE10 0LN Contact: Jo Somerset 020 8853 2395</p>	<p>Every Wednesday 10.00am to 11.30am Primarily for Greenwich residents, but exceptions can be made where needed. Please don't just turn up but make contact with Jo first.</p> <p><i>Checked correct 13/2/14</i></p>
<h2>Hackney</h2>	
<p>City & Hackney Mind Group IRIE Mind, 15a Homerton Row Hackney, E9 6SR Contact: Shane or Nichola 020 8985 0221 iriemind.services@cityandhackneymind.org.uk</p>	<p>Thursdays 3.00 - 4.30pm We accept both referrals and self-referrals. Group members must live or work in Hackney or in the City of London</p> <p><i>Checked correct 26/7/13</i></p>
<p>Women-only Hearing Voices Group City and Hackney Mind 8-10 Tudor Road Hackney, E9 7SN Contact: Marilyn Douglas-Hamilton or Nichola Lauder 020 8985 0221 Iriemind.services@cityandhackneymind.org.uk</p>	<p>Wednesdays 3.30pm – 5pm We accept both referrals and self-referrals. Group members must live or work in Hackney or the City of London.</p> <p><i>Checked correct 13/5/14</i></p>
<p>Lee House Hearing Voices Group 6-6a Rectory Road London, N16 7QS Contact: Kim Sheldon 020 7275 9100 kim.sheldon@hackney.gov.uk</p>	<p>Fridays 11.30am-12.30pm Referral needed from CMHT or similar mental health service in Hackney</p> <p><i>Checked correct 19/7/13</i></p>
<h2>Hammersmith & Fulham</h2>	
<p>South Recovery Team Hearing Voices Group The Star Room, St Andrew's Church Greyhound Road London W14 9SA Contact: Paul 020 7386 1275 paul.murdoch@wlmht.nhs.uk</p>	<p>Wednesday 11am - 12noon Only available to services users of the West London Mental Health Trust/LBHF South Recovery Team at present. This may change, so please get in touch with Paul.</p> <p><i>Checked correct 21/8/13</i></p>

Haringey

Clarendon Cafe Hearing Voices Group

Clarendon Recovery College
Clarendon Road, Hornsey
London N8 0DJ
Contact: Theresa or Lesliann 020 8489 4860
Lesliann.jat@haringey.gov.uk

every Monday 2-3pm

Group open to the public from all boroughs. No referral required.

Checked correct 03/10/13

Harrow

Hearing Voices Support Group

The Bridge Centre
Christchurch Avenue
Wealdstone
Harrow HA3 5BD
Contact: Diana Moss 020 8424 7739

The group runs on Thursday mornings 11.30 - 12.30, in 10 week blocks.
This group is only for people who live in Harrow and are linked to Health Authority funding.
Please call Diana Moss for further details.

checked correct 26/7/13

Hounslow

Hounslow Hearing Voices Group

Alf Chandler Centre
Benson Close
Hounslow, TW3 3QX
Contact: Monisha Juttla 07896 301838

The group runs monthly, the last Thursday of every month 2pm - 3:30pm from 27th March 2014.
A referral will have to be completed, but people can fill one in when they arrive at the group for the first time.

checked correct 3/2/14

Islington

Islington Mind Hearing Voices Group

The Hub
48 Despard Rd
N19 5NW
Contact: Pat O'Driscoll 020 7263 3397

Fridays 2.15-3.30pm
Open to Islington residents, but will consider out of borough (depending on numbers). New members please arrive at least 15 minutes early for a chat, or call the number(s) opposite to speak with Pat.

Checked correct 26/7/13

Lewisham

Deptford Hearing Voices Group

Deptford Reach
Speedwell Street
London SE8 4AT
Contact: John Robinson 07966 391 211

Tuesdays afternoons

Open to voice hearers from other boroughs outside Lewisham.

checked correct 19/7/13

Sovereign House Hearing Voices Group

84/86 Bromley Road
Catford
London SE6 2UR
Contact: Andrew Schofield 07969 329 349

For residents of Sovereign House only.

Checked correct 19/7/13

Newham

Newham Hearing Voices Groups

Three weekly Hearing Voices Groups.
Please contact Satyin for details
Different venues in Newham
Contact: Claire Brett | Tel: 020 8536 2289
Email: VoicesGroupNewham@elft.nhs.uk

Groups are currently for Newham residents/people with Newham GPs. Self referral/ referral through wards, GP or Community Mental Health Teams. **There are two groups that include staff, and one voice-hearer led group. ***Please** do get in touch if you are a voice-hearer and want to help with the peer led or staff led groups!*** The group asks that people speak with Claire before turning up.

Voicing Out

(Newham Inpatients Hearing Voices Group)
Newham Centre for Mental Health
Cherry Tree Way, Glen Road
London, E13 8SP
Contact: Nomir Ahmed or Barney Williams
Tel: 020 7540 6782

For people admitted to Newham Centre for Mental Health

Checked correct 12/10/12

Mind in Tower Hamlets & Newham

Open House
13 Whitethorn Street
London E3 4DA
Contact: Colsum 020 7510 1081
colsum.akanjee@mithn.org.uk

Tuesdays at 12.15

Can self-refer but must be resident in the borough of **Tower Hamlets or Newham.**
Contact Colsum for a referral form.

Redbridge	
Redbridge Hearing Voices Group Imagine Mental Health 497-499 Ley Street Ilford, Essex IG2 7QX Contact: Panu or Sharad 0208 551 5314	Tuesday afternoons Referral criteria uncertain, pending clarification. Please ring 0208 554 3654 and ask to speak with Panu. <i>Checked correct 19/7/13</i>
Richmond Fellowship Hearing Voices Group 19 Mansfield Road Ilford, Essex IG1 3BA Contact: Michael Roberts 0208 514 5586	Runs on Thursdays 14.30 – 16.00 The group will accept people from all boroughs. People can self refer. They will be invited to meet with the facilitators to exchange information about the group and themselves. <i>Checked correct 31/01/14</i>
Richmond	
Richmond Hearing Voices Group Orange Tree Theatre 1 Clarence St, Richmond TW9 2SA Contact: Wendy Mickelwright 0208 898 6727	Once a month, for 3 months limited trial, Thursdays 11.30am - 1pm The dates are: 27th August 2015 ; 24th September ; 29th October 2015 People self refer and they can come from outside the borough of Richmond <i>checked correct 12/8/15</i>
Southwark	
Southwark Hearing Voices Group Lambeth & Southwark Mind Cambridge House 1 Addington Square, Camberwell London, SE5 0HF contact: Annis 0203 228 1800	Tuesdays 1-3pm The group operates as a drop-in, so there is no need to make contact first. <i>checked correct 25/7/13</i>

Sutton	
<p>Cheam Hearing Voices Group Cheam Resource Centre 671 London Road North Cheam, Sutton, SM3 9DL Contact: Angelina Campisi Tel: 020 8770 0172 or 07526 782 041</p>	<p>(alternate) Wednesdays Self referral, but call for a chat first Accepts people living in Richmond, Kingston, Wandsworth, Merton & Sutton Run by Sutton Mental Health Foundation</p> <p><i>Checked correct 27/10/14</i></p>
<p>Sutton Hearing Voices Group Sutton Salvation Army Church Benhill Avenue Sutton SM1 4DD Contact: Angelina Campisi Tel: 020 8770 0172 or 07526 782 041</p>	<p>(alternate) Tuesdays Self referral, but call for a chat first Accepts people living in Richmond, Kingston, Wandsworth, Merton & Sutton Run by Sutton Mental Health Foundation</p> <p><i>Checked correct 27/10/14</i></p>
<p>Springfield Hospital Inpatient Group Ward 3 Springfield University Hospital 61 Glenburnie Road London SW17 7DJ Contact: Angelina Campisi Tel: 020 8770 0172 or 07526 782 041</p>	<p><i>Open to all Springfield patients (including those in other wards) and recently discharged patients.</i></p> <p>Self referral – speak to a facilitator first</p> <p><i>Checked correct and updated 27/10/14</i></p>
Tower Hamlets	
<p>Beside Hearing Voices Group 51 3 Colt's Lane London, E2 6FW Contact: Abigail 0207 033 6888 info@beside.org.uk</p>	<p>Thursdays, 3-5pm Need to live in Tower Hamlets, and become a member of Beside, to join the group.</p> <p><i>Checked correct 25/7/13</i></p>

<p>Voices Within Bow Haven Community Hall William Place Centre Roman Rd London E3 5ED Contact: Kareem 0207 364 5531</p>	<p>Wednesday 11am – 1pm Referrals need to live in Tower Hamlets and be referred by a mental health professional</p> <p><i>checked correct and updated 27/10/14</i></p>
<p>Mind in Tower Hamlets & Newham Open House</p> <p>13 Whitethorn Street London E3 4DA Contact: Colsum 020 7510 1081 colsum.akanjee@mithn.org.uk</p>	<p>Tuesdays at 12.00 -1.30pm Service user led. Can self-refer but must be resident in the borough of Tower Hamlets or Newham. Contact Colsum for a referral form.</p> <p><i>Checked correct and updated 27/10/14</i></p>
<p>Visions & Voices Experience Look Ahead Recovery Centre 17 Varden Street E1 2AW</p> <p>London E1 5RB Contact : Jo 07715 002 841 jowalker@lookahead.org.uk</p>	<p>Wednesday 12.00 – 2.00pm (starting 9th July 2014) The group will accept people from all boroughs.</p> <p><i>Checked correct and updated 27/10/14</i></p>
<h2>Waltham Forest</h2>	
<p>Waltham Forest Hearing Voices Group Harmony Hall (off Walthamstow market) 10 Truro Road, Walthamstow London E17 7BY</p> <p>Contact: Hannah 07554 545 107 hschwartzman@talktalk.net</p>	<p>Fridays 9.30am-11.30am For voice-hearers and their carers, in Waltham Forest only www.wfhvg.com</p> <p>Referrals (including self-referrals) through Hannah please, as first point of contact: 07554545107</p> <p><i>Checked correct and updated 3/2/15</i></p>

Wandsworth

**Wandsworth & Westminster Mind
Hearing Voices Group**

Wandsworth Hub
Allfarthing Lane
London SW18 2AB

Contact: Lydia Rowland-Greenstone
020 8875 9156
lydiarg@wandsworthmind.org.uk

Thursdays FORTNIGHTLY 1pm – 3pm

Referrals need to live in **Wandsworth** and be referred by a mental health professional.

Checked correct and updated 10/12/15