

FREE MUSIC **WORKSHOP**

MAKE SOME NOISE

a free music & songwriting workshop for young people who hear voices or see visions











WHAT

Voice Collective are working in partnership with Raw Sounds, a music and media project based in professional studios in Brixton, to bring you an exciting music workshop.

Sometimes it's not easy to find words to express the things that matter to us - friends, family, the future, voices, visions, stigma, hope, or human rights. Whatever genre you're into, you'll find people who have been through some big issues and pour this into their songs.

Whether you're an aspiring musician, or simply love music and have no previous experience, come along and have a go.

WHO CAN COME?

The workshop is open to any young person (aged 18 or under) who hears or sees things that other people don't.

WHAT ABOUT PARENTS & **SUPPORTERS?**

If you have a parent or family member you'd like to bring along, we're running a support workshop just for them in another room. Just get them to book a place too.

SATURDAY 20 JULY 2013 1.30 - 4.30PM



VENUE:

Raw Material 2 Robsart Street London, SW9 0DJ (Tube: Stockwell & Brixton)

TO BOOK YOUR PLACE OR IF YOU HAVE ANY QUESTIONS:

E: info@voicecollective.co.uk T: Claire / Yan 020 7625 9042 W: vc-music.eventbrite.co.uk



Funded by: BBC Children In Need for better mental health City Bridge Trust in Camden Comic Relief



FREE WORKSHOP FOR PARENTS & CARERS



DOES YOUR CHILD HEAR VOICES, SEE VISIONS OR HAVE OTHER UNUSUAL EXPERIENCES?

THE WORKSHOP WILL ENABLE YOU TO:

- Meet other parents & supporters of young people who hear voices
- Learn more about voices and visions, discovering helpful coping strategies
- Share your experiences with, and get support from, people who've been there too
- Meet the Voice Collective team and find out more about the support available to you and your child
- Chill out and have time focussed on you

WHO IS THE WORKSHOP FOR?

Any parent or supporter (uncle, aunt, carer, family friend etc) of a young person who has experiences like these.

You may already have lots of experience around supporting your child, or you may feel confused and/or out of your depth.

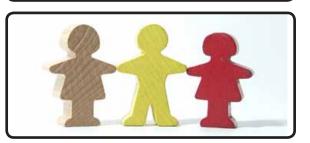
CAN I BRING MY CHILD WITH ME?

We are also running a music workshop for young people who hear, see or sense things that others don't in the same venue.

If your child needs the support of a sibling to take part, please let us know. We will do what we can to acommodate this, as long as we have space.

If your child would like to take part, please book them a place.

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Voice Collective is Mind in Camden's London-wide project to support children & young people who hear, see or sense things that other people don't.



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- BBC Children In Need
- Comic Relief
- City Bridge Trust