

## 3 DAY TRAINING MARCH 2018

in Camden



# HEARING VOICES GROUP FACILITATION TRAINING

16th, 21st & 22nd March 2018

10.00am - 4.30pm: Brockway Room, Conway Hall, 25 Red Lion Sq, WC1R 4RL

A 3-Day Workshop

#### **ABOUT HEARING VOICES GROUPS**

Since their inception in the late 80s, Hearing Voices Groups have become an established and valuable source of support for people who hear voices, see visions or have other unusual sensory perceptions. They provide a safe space for people to share their experiences and find ways of making sense of, and living with, them.

There are over 180 Hearing Voices Groups in the UK, in a range of settings - including charities, user/survivorled groups, prisons, inpatient units, CAMHS, Early Intervention Services, Forensic settings and community mental health teams.

Hearing Voices Networks can be found in over 26 countries across 5 continents (including Uganda, USA, Denmark, Malaysia, Japan and Australia).

#### **ABOUT THIS COURSE**

This 3 day training course equips you with the knowledge, skills and confidence to either set up a new Hearing Voices Group or co-facilitate an existing one.

#### It includes:

- Exploring diverse understandings of voices, visions & 'psychosis'
- Coping strategies and pathways to recovery
- Rethinking power & empowerment
- Planning, launching & establishing safe and effective Hearing Voices Groups
- Practical group facilitation skills and problem solving
- Hearing Voices Network ethos

This course is for people with a basic understanding of **the HEARING VOICES approach**, including: People with lived experience of voices/visions, support workers, psychologists, OTs, social workers, therapists, nurses etc.

#### **COURSE FEES:**

- £290 (Full Statutory & Commercial)
- £180 (Reduced inc charities & voluntary sector)
- FREE (People with their own lived experience of voices or visions)

#### **TO BOOK YOUR PLACE:**

#### **Return an application form to:**

London Hearing Voices Project Mind in Camden, Barnes House 9-15 Camden Road, London, NW1 9LQ

**E:** LHVN@mindincamden.org.uk **T:** 020 7241 8978

#### **ABOUT THE PROJECT**

Mind in Camden's London Hearing Voices Project has a wealth of experience in developing peer support groups & initiatives, including:

#### **London Hearing Voices Network:**

A network of over 40 groups across Greater London.

**Voice Collective:** Supporting children & young people who hear, see or sense things others don't.

**Voices Unlocked:** Establishing a network of groups in London's prisons.

**Paranoia & Beliefs Network:** A network of 20 groups Londonwide for people struggling with paranoia or the distress related to beliefs.



### **MARCH 2018: APPLICATION**

CONTACT DETAILS			
Name:	Phone:		
Address:			
Role:	Organisation:		
Email:			
APPLICATION DETAILS Please tick the statement(s) that apply to you:			
I am interested in co-facilitating an existing Hearing Voices Group	I am interested in setting up a new Hearing Voices Group		
I have personal experience of hearing voices/seeing visions	I am interested in improving my skills/ understanding but have no current plans		
I can attend all three days of the course (16th, 21st & 22nd March 2018)	to set up a Hearing Voices Group		
SUPPORTING STATEMENT Please tell upon hope to do with it. We prioritise applicants with			

#### **COURSE FEE & INVOICING**

Personal experience	Reduced Fee (inc	Full Fee (NHS, Statutory
of voices or visions	charities)	& Commercial)
FREE	£180	£290

**INVOICE DETAILS:** (If you require an invoice, please include the name, address, email & phone number of the person to be invoiced. If your organisation uses purchase orders, please include the ref no.):

**Payment, Cancellation & Refunds:** To secure your place on the course, we must receive payment within 14 days of sending out the invoice. For places booked within 14 days of course date, we require payment via cheque at the application stage. All cancellations received less than 3 weeks before the course are subject to a fee (25% - 2-3 weeks notice, 50% 1-2 weeks notice, 100% 0-1 weeks notice). We are happy to accept substitutions should you be unable to attend.