

3-DAY TRAINING DECEMBER 2018

closing date for applications: Mon 12 Nov



PARANOIA & BELIEFS GROUP FACILITATION

29th Nov, 3rd & 4th December 2018

10.00am - 4.30pm

Brockway Room, Conway Hall, 25 Red Lion Sq, Holborn, London WC1R 4RL

ABOUT PARANOIA & BELIEFS GROUPS

Since their inception in the late 80s, Hearing Voices Groups have become internationally established as a valuable source of support for people who have unusual sensory perceptions (e.g. voices & visions). Groups provide a safe space for people to share experiences and to find ways of living with them successfully.

For those who don't identify as voice-hearers, Paranoia & Beliefs Groups can provide a similar kind of support. But the emphasis instead is on exploring and sharing different realities and beliefs.

There are currently 18 Paranoia & Beliefs peer support groups in London and 29 Hearing Voices Groups. Additionally, some groups embrace both voices and beliefs within the one group.

ABOUT THIS COURSE

This 3 day training course equips you with the knowledge, skills and confidence to either set up a new Paranoia & Beliefs Group or co-facilitate an existing one.

It includes:

- Exploring diverse understandings of 'paranoia' & the distress that may be related to unusual beliefs
- Coping strategies and pathways to recovery
- Rethinking power & empowerment
- Planning, launching & establishing safe and effective peer support groups
- Practical group facilitation skills and problem solving
- Hearing Voices Network ethos

This course is for: People with lived experience of voices/visions, support workers, psychologists, OTs, social workers, therapists, nurses etc.

COURSE FEES:

- **£300** Statutory & Private
- **£200** Charities & self-funded individuals
- **£100** Students & self-funded individuals who work part time only
- **FREE** (People with their own lived experience of voices or beliefs)

TO BOOK YOUR PLACE:

Return the application form to:

E: LHVN@mindincamden.org.uk

T: 020 7241 8978

London Hearing Voices Project
Mind in Camden, Barnes House
9-15 Camden Road, London, NW1 9LQ

ABOUT MIND IN CAMDEN

Mind in Camden, from 2005, pioneered the establishment of the **London Hearing Voices Network:** 40 groups across London, (now incorporating 18 Paranoia & Beliefs groups). Additionally, we have:-

Voice Collective: For young people who hear or see things others don't.

Voices Unlocked: Establishing a network of groups in London's prisons.

Refugees & Asylum Seekers

Hearing Voices Project: Setting up groups in Immigration Removal Centres.

DECEMBER 2018: APPLICATION

CONTACT DETAILS

Name: Phone:

Address:

Role: Organisation:

Email:

APPLICATION DETAILS

 Please tick the statement(s) that apply to you:

<input type="checkbox"/>	I am interested in co-facilitating an existing Paranoia & Beliefs Group	<input type="checkbox"/>	I am interested in setting up a new Group (hearing voices or Paranoia)
<input type="checkbox"/>	I have personal experience of hearing voices or paranoia & beliefs	<input type="checkbox"/>	I want to improve my skills but have no current plans to set up a Group
<input type="checkbox"/>	I can attend all three days of the course (29th Nov, 3rd & 4th Dec 2018)		

SUPPORTING STATEMENT Please tell us why you're interested in this course and what you hope to do with it. We prioritise applicants with clear plans to set up or facilitate a group.

COURSE FEE & INVOICING

<input type="checkbox"/>	Personal experience of paranoia/beliefs FREE	<input type="checkbox"/>	Reduced Fee (inc charities) £180	<input type="checkbox"/>	Full Fee (NHS, Statutory & Commercial) £290
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INVOICE DETAILS: (If you require an invoice, please include the name, address, email & phone number of the person to be invoiced. If your organisation uses purchase orders, please include the ref no.):

Payment, Cancellation & Refunds:

Cancellations received less than 7 days before the course are non-refundable. We are happy to accept substitutions should you be unable to attend.