

# THE CULTURAL ADVOCACY PROJECT



## Hello!

Would you like to join a community based peer support group to connect with people from your cultural background who have similar experiences as you? Or perhaps you wish to share and learn new strategies to help deal with difficult situations, and be in a space that is warm and encouraging during challenging and rewarding times?

If so, the peer support groups developed through the Cultural Advocacy Project are available to you, offering free access to a supportive network which enables those who attend to be around like-minded people to talk as much or as little as they want. A space where you can safely ask questions and share your thoughts and experiences.

## Peer Support Means

You are not alone!

## Who is the Peer Support Group For?

The peer support groups are for those aged 18 or above who are from the African-Caribbean and Bangladeshi communities in Camden.

## Where is it held?

We hold several peer support groups across Camden in partnership with your local community organisation. Contact details for these services can be found opposite. We hope to see you there!

## Peer Support Groups

### **Bengali Women's Forum**

Supporting and empowering Bengali women  
St. Pancras TRA,  
St Pancras Way, NW1 9EH  
bwf\_uk2000@yahoo.com  
07400 293 393

### **Bengali Workers' Association**

Group for the Bengali community  
Surma Community Centre  
1 Robert St, NW1 3JU  
faruk@bwa-surma.org  
020 7388 7313 EXT: 207

### **Kings Cross and Brunswick Neighbourhood Association**

Chadswell Healthy Living Centre  
Harrison Street, WC1H 8JF  
Somali and Bengali community groups  
Somali - ifrah.ahmed@kcbna.org.uk  
Bengali- sofina.razaque@kcbna.org.uk  
0207 713 5545

### **British Somali Community**

7-9 Crowndale Rd, London NW1 1TU  
info@britishsomali.org  
020 7383 2803

### **African Health Forum**

Supporting all members of the African and African-Caribbean community  
54-56 Phoenix Rd, NW1 1ES  
Africanhealthforum54@gmail.com  
Tel:0208 840 3900

### **Swiss Cottage Community Centre**

African Caribbean and Bengali group (Combined)  
19 Winchester Rd, London NW3 3NR  
info@yourswiss.org  
020 7586 5272

