**Healthy Minds Social Prescribing Volunteer Administrator**

Skills and experience required:

* A keen interest in mental health and wellbeing.
* An open mind and a non-judgmental approach to people
* Good literacy, and communication skills, including listening skills
* Ability to work alone
* Willingness to take part in training
* Ability to be pro-active

As a volunteer you will gain:

* **An honorary contract with Camden and Islington NHS Trust**
* Experience of working within an NHS team
* Experience in accessing and working with Trust Database
* Experience of understanding referral pathways
* Connections with different Trust teams
* Access to training and support to help your development

**Commitment required:**

**2 full days per week (Thursdays and Fridays) between 10am-5pm for a minimum of six months\***

\* This role requires a strong commitment in return for excellent experience in working with individuals in a mental health setting. All volunteers who complete the minimum requirement will be eligible for references for work and study applications from Mind in Camden.

**During volunteering you will be expected to:**

* Work in accordance with Camden and Islington Foundation Trust’s policies and procedures
* Keep accurate records.
* Report regularly to your supervisor
* Take part in team meetings (when appropriate)
* Work purposefully to promote an ethos of hope and self-directed recovery